



Stewardship



Spiritual Gifts
Heart
Abilities
Personality
Experience

S.H.A.P.E.

I have Good News! God made you to be one of a kind! There is no one like you! God has gifted you! It is time to unpack His purpose for you!

S . H . A . P . E . I n v e n t o r y

Spiritual Gifts -Heart- Abilities- Personality- Experiences

God hand-crafted you with a unique shape for ministry through your spiritual gifts, heart, abilities, talents, and experiences. We all may have a different shape for ministry, but we all have the same purpose...to use our God-given S.H.A.P.E. To follow Jesus and to strengthen His Body, the church, and to lead people into a living relationship with Jesus Christ.

One of our goals at Christ the Redeemer is to help you understand how God has shaped you, and to provide opportunities to use those gifts and abilities in service to the Gospel. In order for you to find your "best fit" in ministry, it is important to know what S.H.A.P.E. you are in! So, to help you discover your S.H.A.P.E, please use this booklet as an exercise to uncover your God-given gifts, passions, abilities, personality, and experiences. Once you have worked through the booklet, you will find a Summary Form on the last page of this booklet upon which you may record your final results for each category.

This workbook is for you to keep, and the S.H.A.P.E Inventory Form (pg.10-11) can be submitted:

1-On Sundays...bring your completed Inventory Form from this booklet with you to church and drop it along with your offering in the offering plate or place it at the table in the Narthex.

2-On Weekdays...drop off your completed Inventory Form at the table in the Narthex.

Extra copies of this workbook may be downloaded from our church website ctrtulsa.org or can be mailed by the Church Office at your request. It is our hope and prayer through this sermon series and assessment is that God has stretched you in your understanding of and living in your unique, God-given ministry S.H.A.P.E.

In Christ Jesus,

Rev. Scott Burmeister

Rev. Scott Burmeister
Christ The Redeemer Lutheran Church



SPIRITUAL GIFTS

("S" in S.H.A.P.E.)

Spiritual gifts are not the same as talents. They are spiritual strengths God gives us for being a part of His work in the world. This assessment and the list below, are tools to help you better understand the gifts God is expressing in you. We hope that this list provides a glimpse into the part God has for you in His body now.

To learn more about spiritual gifts, you can look at

1 Corinthians 12:27-31, Romans 12:1-3, Ephesians 4:11-16, and 1 Peter 4:10-11.

SCORE CARD INSTRUCTIONS:

1. Write the numeric value for each question in the box that corresponds to the question. Don't spend too long thinking, use your first instinct. It's okay to respond with 0 in some and 4 in others!

2. Add the sum of each column, and mark the total for each column next to the corresponding letter in the last row.

3. Check out your top 3 gifts using the definitions found on the Spiritual Gifts Key located on the next page.

0		1		2		3		4	
Almost Never True		Rarely, Seldom True		Sometimes True		Most of the time True		Almost Always True	
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
A	B	C	D	E	F	G	H	I	J

1. I have learned to remain optimistic and not to worry about tomorrow, as I pray continually and live in faith daily and trust that God will guide me through each circumstance.
2. I enjoy serving in hands-on and practical ways when others ask for help.
3. I have a knack for helping people I don't know feel welcome at church or in my home.
4. I enjoy studying my Bible and desire to explain Biblical principles and truths to others.
5. When someone is hurting, I am comfortable and able to say or do something, sometimes using Scripture, that renews hope and trust in God and gives courage and guidance.
6. I often pick up on the emotional, mental, or physical pain of others and am moved to help them.
7. I like to give sacrificially and freely to those who are in need or in financial distress.
8. I am able to recognize the spiritual gifts of others and am energized when I am able to help them find a means to serve in ministry to others.
9. I enjoy organizing ideas, tasks, and people for Christian service so that the work of God can be accomplished.
10. I feel comfortable telling others how God has changed my life.
11. Even when human circumstances don't add up, I will step out in faith if I feel it is God's will for me.
12. When I see a need, I spring into action and do something about it.

13. I like to introduce myself and speak with people that I've never met.
14. I greatly value and spend time studying scripture and reading Christian books and have a solid understanding of the Bible.
15. I take the time to say a kind word or write personal notes to praise and thank someone for their help or service to me and/or others.
16. People often turn to me when they are feeling hurt, lonely, or confused.
17. I spend a lot of time earning money and am often the first to give financially to a worthy cause and derive joy from the gift.
18. God seems to use me to develop a spirit of unity and enthusiasm within a team.
19. I am able to delegate and trust important tasks to the right people at the right time and can recognize and work to resolve key issues confronting a team.
20. I have a good understanding of the Gospel, and can easily share it with others.
21. I believe God's promises and am comforted by their truth.
22. I prefer to serve at someone's side, helping him or her with the small details and tasks that need to be accomplished.
23. I enjoy reaching out to others and helping them feel at home wherever we are.
24. I like to share God's Word with others.
25. I've had struggles in my past and am able to share how God helped me through.
26. I look for opportunities to bring hope, comfort, and God's Word to those who are grieving, hopeless, sick, or distraught.
27. I am willing to live more simply so that I can commit to giving 10% or more of my income to God's work at my church.
28. I am able to recognize, redirect, and encourage a struggling group and am able to help them regain their focus and, if necessary, I will bear the brunt of criticism for the team.
29. I am willing to cope with the difficulties that come with coordinating the necessary details to meet a deadline or orchestrate an event.
30. I enjoy developing relationships with Non-Christians, especially with hopes of telling them about Jesus.



SPIRITUAL GIFTS

(“S” in S.H.A.P.E.)



Spiritual Gifts Key

(Correlates with the score card on page 3.)

Spiritual gifts are not the same as talents. They are spiritual strengths God gives us for being a part of His work in the world. This assessment and the list below are tools to help you better understand the gifts God is expressing in you. We hope that this list provides a glimpse into the part God has for you in His body now. To learn more about spiritual gifts you can look at 1 Corinthians 12:27-31, Romans 12:3-8, Ephesians 4:11-16, and 1 Peter 4:10-11.

- A. **Faith**--The gift to trust God for what can't be seen and, pressing forward, to act upon the promises of God. (Romans 4:18-21; Hebrews 11)
- B. **Service/Helps**--The gift to identify and take the initiative to meet the practical needs of others in the church and community, freeing them to fulfill their own calling or to attend to personal needs or urgent matters. (Acts 6:1-7)
- C. **Hospitality**--The gift of helping others feel welcome, accepted, relaxed, and comfortable. (1 Peter 4:9-10)
- D. **Teaching**--The gift to proclaim and clearly explain God's Word in a manner that transforms the lives of others. (1 Corinthians 12:28; Acts 20:20-21; Romans 12:6-8; Titus 3:1-2)
- E. **Encouragement**--The gift to provide comfort, reassurance, and support in ways that foster healing and wholeness. (1 Thessalonians 5:11; Romans 12:8) **Exhortation**--The gift to promote Christian maturity in others. (Romans 12:8; Acts 11:23,24, 13:43, 14:22)
- F. **Mercy**--The gift to detect the emotional pains of others; to feel compassion, listen to, and provide loving-care. (Luke 10:30-37; Romans 12:8; Matthew 20:29-34)
- G. **Giving**--The gift to cheerfully contribute material resources to the church and the community. (2 Corinthians 8:1-7; Romans 12:8; Mark 12:41-44)
- H. **Leadership**--The gift to instill vision and to motivate and direct people to be faithful to their calling and responsibilities. (Romans 12:8; Hebrews 13:7, 17; 1 Timothy 3)
- I. **Administration**--The gift to design and effectively execute plans managing people, resources, and time in order to reach the long range goals and objectives of the congregation. (Titus 1:5; 1 Corinthians 12:28, 14:28-30)
- J. **Evangelism**--The gift that moves believers to share the good news of God's love in Jesus Christ and invite others to trust in this love and join in God's work. (Matthew 28:16-20, Ephesians 4:11-16, Acts 2:36-40)



HEART

("H" in S.H.A.P.E.)

Heart has to do with our passions; the things that excite us, the things that give us joy, and the things that keep us awake at night. The things we are passionate about are not by accident. The better we understand and follow our passions, the more fulfilled we are in joining in God's work.

Instructions: What causes, issues, or ministries do you have a heart for? Circle them below.

Abuse/Family Violence	Crisis Counseling	Greeting/Welcoming	Infants/Toddlers
Homelessness	Prison Ministries	Music: Vocal	Preschool
Fostering	Addiction Recovery	Music: Instrumental	Elementary Children
Adoption	Serving/Helping	Men's Ministries	Jr High (6th-8th)
Hospitality/Serving	Outreach: Local	Women's Ministries	High School (9th-12th)
Event Planning: Social	Outreach: Global	Couples' Ministries	College Students
Event Planning: Outreach	Special Needs	Singles' Ministries	Young Adults
Dance/Drama	Disaster Relief	Health & Fitness	Senior Adults
Administration	Ushering	Sports Ministries	Teaching
Construction/Repair	Financial Planning	Library/Media Centers	Discipleship
Traveling	Fundraising	Organization	



ABILITIES

("A" in S.H.A.P.E.)

God has given all of us a wide range of different abilities, or natural gifts and talents. It is through these natural gifts and talents that we engage in serving God and joining in God's work.

Instructions: What abilities, skills, and trades do you have? Circle them below.

Arts/Crafts	Planning	Plumber	Recruiting
Administration	Performing Arts/ Drama	Carpenter	Teaching
Athletics/Sports	Craftsmanship/Repairs	Power Point	Fundraising
Audio/Visual	Personnel Management	Programming	Medical Training
Data Entry	Secretarial Office Support	Public Speaking	Serving
Computer Technology	Strategic Planning	Sewing	Fundraising
Decorating/Design	Communication Specialist	Landscaping	Writing
Electrical/Sound Wiring	Vehicle Maintenance	Vocalist	Translating
Facilities Management	Graphic Design	Musician	Traveling
Finance/Accounting	Library Science	Painting	Visualizing
Food Preparations	Photography	Videographer	Welcoming
Coordinating/Event	Electrician	Web Design	Editing

PERSONALITY

("P" in S.H.A.P.E.)

Our personalities shape how we respond to other people and to opportunities. Every single personality difference is celebrated, and valued by God because He has designed each of us with unique personality traits that suit us for different things. Which traits best describe the way you feel you really are?

Instructions: What personality traits do you think you have? Circle them below.

Bold	Accommodating	Restless	Responsive
Talkative	Careful	Big-Picture Oriented	Open-Minded
Compassionate	Intense	Gentle	Mild
Precautionary	Self-Assured	Quiet	Sincere
Venturesome	Enthusiastic	Results-Focused	Restless
Decisive	Loyal	Flexible	Visionary
Empathetic	Easygoing	Humble	Meek
Hospitable	Orderly	Earnest	Reserved
Steadfast	Organized	Fast Paced	Yielding
Eager	Persuasive	Free-wheeling	Meticulous



Another way to describe your personality is to use the following scale to rank where you stand on each trait. If needed, use the descriptions below for definitions of each trait, circle your ranking appropriately:

This is how I've rated myself on the scale below:

Introverted	1	2	3	4	5	6	7	8	Extroverted
Controlled	1	2	3	4	5	6	7	8	Spontaneous
Intuitive	1	2	3	4	5	6	7	8	Sensing
Thinking	1	2	3	4	5	6	7	8	Feeling

Introverted: They enjoy being with other people, but socialization drains their emotional energy. Solitude is needed to "recharge".

Extroverted: They enjoy solitude, but it drains their emotional energy. Socialization is needed to "recharge".

Controlled: They prefer outcomes to processes and enjoy structure, deadlines, and checklists.

Spontaneous: They prefer processes to outcomes and tend to lose their checklists, but this doesn't bother them. They "go with the flow".

Intuitive: They like metaphor and imagery. They tend to understand complex ideas suddenly, without knowing why or how and are more interested in "what might be" versus what "is".

Sensing: They gather info bit by bit, then focus on facts, data, and experience. They are more interested in "what is" versus "what might be".

Thinking: They make decisions based on "thinking". They focus on facts, data, rules, and procedures rather than how decisions will affect people.

Feeling: They make decisions based on "feeling". They focus on how decisions will affect people rather than solely on facts, data, etc...

EXPERIENCES

(“E” in S.H.A.P.E.)

You have been shaped by your experiences in life, most of which were beyond your control. Our experiences, positive and painful, can all shape who we are and how God can use us.

- Spiritual experiences: What have been your most meaningful times with God?
- Ministry experiences: How have you served God in the past?
- Work & Educational experiences: What jobs have you been most effective in and enjoyed most? What were your favorite subjects in school?
- Painful experiences: From what problems, hurts, thorns, and trials have you learned?

Instructions: As you look over the “experience” word list for each of these areas, ask God to help you identify which ones describe you and your past experiences. Circle all the experiences that apply to your life in each of the various areas. Remember this is just a list of things you HAVE done, not necessarily things you WANT to do.

Circle Your Spiritual Experiences

I. Spiritual Experiences

- o Baptized
- o Community Outreach
- o Cross Cultural Ministry
- o Led Someone to Christ
- o Member of a Small Group
- o Member of Christ the Redeemer
- o Regularly Give Back to God
- o Regularly Pray
- o Regularly Read the Bible
- o Serving in a Ministry Area

Circle Your Ministry Experiences

II. Ministry Experiences

I have worked with...(Age/Life stage)

- o Infants/Babies/Toddlers
- o Preschool Students
- o Elementary Students
- o Junior High Students
- o High School Students
- o College Students
- o Young Adults
- o Single Adults
- o Couples
- o Family
- o Senior Adults
- o Women
- o Men
- o Other _____

Ministry Roles/Functions

- o Administrative Support
- o Baking/Cooking
- o Blind or Deaf Ministry
- o Camp Counselor
- o Children’s Ministry
- o Choir
- o Church Life (Weddings, Funerals etc.)
- o Cleaning/Maintenance/Repair
- o Communications/Tech/Graphics
- o Food Preparation
- o Greeter/Usher
- o In Home Care/Senior Ministry
- o Library
- o Media
- o Missions
- o Musician
- o Prison Ministry
- o Program/Event Coordinator
- o Retreat Planning
- o Security
- o Set Up/Tear Down
- o Small Group Leader
- o Teacher _____
- o Technical/AV Support
- o Van/Bus/Truck Driver
- o Writing
- o Youth Ministry
- o Other _____



EXPERIENCES

(“E” in S.H.A.P.E.)

Circle Your Work Experiences

III. Work Experiences

- o Student
- o Advertising
- o Agriculture/Animal Husbandry
- o Architecture
- o Automotive
- o Business
- o Computer
- o Counseling
- o Education
- o Engineering
- o Entertainment
- o Languages
- o Management
- o Manufacturing
- o Mathematics/Sciences
- o Medical
- o Military
- o Music
- o Photography/Videography
- o Real Estate
- o Sales/Marketing
- o Small Business Owner
- o Special Education
- o Tax/Legal/Court Services
- o Transportation
- o Travel Agency/Services
- o Utilities
- o Homemaker
- o Retired

Circle Your Painful Experiences

IV. Painful Experiences

I can relate to someone who is/or has gone through...

- o Abortion
- o Abuse
- o Adoption
- o Alcoholism
- o Alzheimer's/Dementia
- o Bankruptcy
- o Cancer
- o Crisis Pregnancy
- o Death/Grief
- o Depression
- o Divorce
- o Drug Abuse/Addiction
- o Eating Disorder
- o Extended Depression
- o Extended Job Loss
- o Extended Physical Illness/Injury
- o Handicapped/Disabled
- o Homeless
- o Military Wartime Service
- o Miscarriage
- o Orphaned
- o Prison
- o Recovery Program
- o Remarried
- o Separated in Marriage
- o Sexual Compulsion
- o Suicide of Family Member
- o Widowed
- o Other _____





S.H.A.P.E. Inventory

Spiritual Gifts- Heart- Abilities- Personality- Experiences

Please fill in your results on this page. Place your completed S.H.A.P.E. inventory sheet in one of the baskets at church or drop it off at the church office.

Name: _____

Address: _____

City, State, Zip: _____

Preferred Phone: _____

Email: _____

Service - Time & Talents

In your current season of life, how much time do you think you can give? Indicate below:

Please select the amount of time you could serve per week:

1-2 hours

3-5 hours

6 + hours

Please select your best time during the week:

Weekday

Weeknight

Weekend

Spiritual Gifts

Top #	<i>These are my three highest scores on the spiritual gifts test:</i>	Score:
1		
2		
3		

Heart

Top #	<i>These are the top five things I am passionate about:</i>
1	
2	
3	
4	
5	

Abilities

Top #	I believe that these are my strongest abilities:
1	
2	
3	

Personality

Top #	I believe my top strongest personality traits are:
1	
2	
3	

This is how I've rated myself on the scale below:

Introverted	1	2	3	4	5	6	7	8	Extroverted
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Experiences

Out of all your experiences, good and bad, which ones do you believe will help you the most in ministering to others:

Additional Comments? Ministries you are passionate about that you would like to see? Please share below.